

"Caterpillars"

Review the life cycle of a butterfly. The children then lie in sleeping bags pretending to be caterpillars inside their chrysalises. They try to move across the grass inside their sleeping bags. At your signal they emerge as butterflies and fly around the playground.

Materials

Sleeping bags



"Caterpillar Tag"

Before playing "Caterpillar Tag" demonstrate and practice how to use a two-fingered tap. Designate one child to be the caterpillar's head.

At your signal the child begins trying to tag other children. Each time a child is tagged he or she becomes part of the caterpillar by placing his or her hands on the waist of the last child in line.

The caterpillar runs after the remaining children. Each child tagged becomes an additional part of the caterpillar until all of the children have been tagged.



Approaches to Learning

Demonstrates flexibility, imagination, and inventiveness in approaching tasks and activities

Creative Arts - Expresses concepts, ideas or feelings through movement

Gross Motor Skills - Moves with an awareness of personal space in relationship to objects and others

Science - Describes simple life cycles of plants and animals

Gross Motor Skills

Combines a sequence of large motor skills

Demonstrates strength and coordination of large muscles to engage in skills such as jumping, hopping, and running

Science - Describes characteristics in the appearance, behavior, and habitats of animals

Social/Emotional Development

Recognizes and regulates emotions, attention, impulses and behavior