

"Leapfrog"

The children line up in a straight line facing forward in a large open space. They kneel and cover their heads with their hands. The last child in line places his or her hands on the back of the child in front of him or her and leaps over the child, spreading his or her legs like a frog.

The child continues leaping until he or she reaches the front of the line, then kneels with his or her hands overhead. The next player in line becomes the frog, and the game continues until each child has a turn.



"Down Doggie"

Give the following directions for children to play "Down Doggie."

- Get down on your hands and knees.
- Keep your hands flat, your knees under your hips, and look straight down.
- Straighten your legs as you press your heels down toward the ground.
- Return to the starting position.

Have the children repeat the activity several times.



Gross Motor Skills

Combines a sequence of large motor skills

Demonstrates strength and coordination of large muscles to engage in skills such as jumping, hopping, and running

Moves with an awareness of personal space in relationship to objects and others

Math - *Understands directionality, order, and position of self and objects in space*

Gross Motor Skills

Combines a sequence of large motor skills

Moves with balance and control

Math - *Responds to positional words such as in, under, between, down, behind*

Speaking and Listening

Follows simple and multi-step directions